

Scan QR Code for
registration



Summer Program

GWC's AFL Summer Program for boys and girls aged 8-14 years. Beginners and experienced players welcome.

WHEN

North Brisbane, Venue 78 Sixth Avenue, Kedron.
Saturday 13th November to Saturday 11th December.
8.00am to 10.00am.

South Brisbane, Venue 2533 Beaudesert Road,
Calamvale Sports Fields.

Sunday 21st, 28th November, 5th December
Game Sense Session – 12th December
8.00am to 10.00am.

AGE GROUPS

U8, to 10s & U11s to U14s

Further information: call Craig on 0412 29 3433 or email craig@groundworkcoaching.com.au

+ YOUR CHILD WILL RECEIVE:

Expert coaching from our experienced staff with strategies, skills and drills designed to enhance player development and performance

A copy of "The Winning Edge", a Groundwork coaching resource endorsed by the AFL designed to support player's ongoing development in all aspects of the game

Player assessment and written feedback from our expert coaches at the conclusion of the program

Targeted fitness training program for summer holidays

Handy tips and tools to develop the all-round footballer including nutrition, recovery, leadership, character, self-discipline, and football smarts