

Term One Holiday Program 2024

GWC's 3 Day AFL Development Program for boys and girls aged 7-14 years. Beginners and experienced players welcome.

WHEN

North Side - Aspley AFC

50 Graham Road, Aspley.

9am - 3pm (early finish on last day at 12.30pm) **Tuesday 2nd - Thursday 4th April**

South Side - Alex Hills AFC

131-155 Finucane Road, Alexandra Hills
9am - 3pm (early finish on last day at 12.30pm)
Tuesday 9th - Thursday 11th April

REGISTRATION

3 Days - \$195 per person (Registration close 29th March) \$70 per day if you can't make all 3 days.

Further information: call Craig on 0412 293 433 or email craig@groundworkcoaching.com.au

Be Ready for the 2024 Season

- Expert coaching from our experienced staff with strategies, skills and drills designed to enhance player development and performance
- Player assessment and written feedback from our expert coaches at the conclusion of the program
- A copy of "The Winning Edge", a Groundwork coaching resource endorsed by the AFL designed to support player's ongoing development in all aspects of the game.
- Over 50+ training drills, training programs, tips & tricks to improve performance