

## **Term 3 Holiday Programs 2025**

Groundwork Coaching's 3 Day AFL Program for boys and girls aged 8-14 years. Beginners and experienced players welcome.

## WHEN?

**North Brisbane** Aspley AFC, 50 Graham Road, Wednesday 24<sup>th</sup> September to Friday 26<sup>th</sup> September Aspley. 9am - 3pm (First Week of Term 3 Holidays)

**Redlands** – Wynnum AFC, Kianawah Road, Wednesday 1<sup>st</sup> October - Friday 3<sup>rd</sup> October 9am - 3pm (Second Week - Term 3 Holidays)

## **REGISTRATION**

3 Days - \$195 per person (Registration close 27th June) \$70 per day if you can't make all 3 days Click on link: www.groundworkcoaching.com.au

## 十 YOUR CHILD WILL RECEIVE:

- Over 50+ training drills, training programs, tips & tricks to improve performance.
- Expert coaching, skills and drills designed to enhance player development and performance.
- Player assessment and written feedback from our expert coaches at the conclusion of the program
- A copy of "The Winning Edge", a Groundwork coaching resource endorsed by the AFL designed. to support player's ongoing development in all aspects of the game.